

GUEST LECTURE ON ‘VALUE EDUCATION’ FOR STUDENTS

The programme “Life Oriented Values” was conducted on 31.1.2020 from 1.15p.m to 2.15 p.m. to 170 students in our college. Dr.Vijayalakshmi, Consultancy psychologist, NGO, Chennai was the resource person.The speaker started the session with a very lively discussion of what values and value education mean to each of the student. As the speaker talked, it was evident how she wanted each student teacher to understand the problems teenagers and students go through these days and why Value education is the need of the hour. The speaker highlighted several cases and incidents of how social media and the digital world pose a threat to the mental health as well as moral health of a person.She spoke of highly valued characteristics of a person such as integrity, empathy, kindness, courage and confidence that each one of the students should have. The session was highly insightful and helped the students to assess themselves and their moral compass and value systems.

